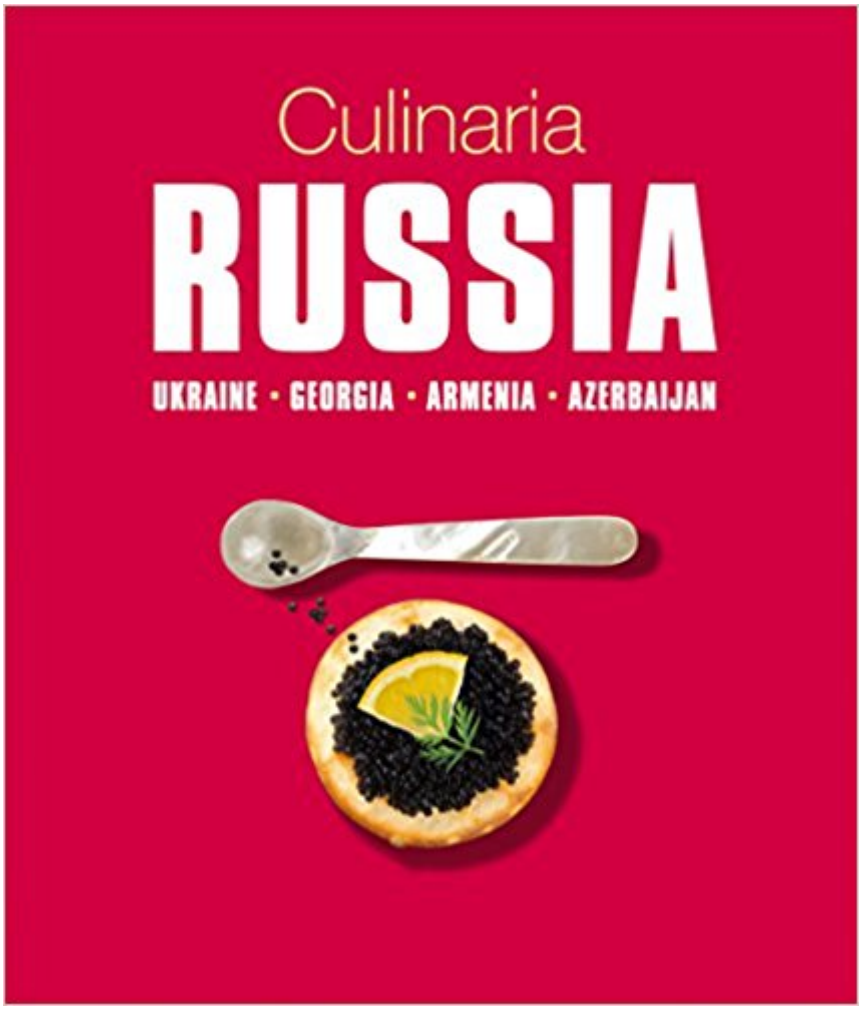
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Culinaria Russia: Ukraine, Georgia, Armenia, Azerbaijan



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Synopsis

Pirogi, blini, and borscht are familiar enough to many people, but what surprises might await us when we try ukha, khinkali, khachapuri, lahmadjo or plov? Russia, the Ukraine, and the countries of the Caucasus offer a wealth of culinary delicacies that are hardly known to us, a myriad of foods and flavors fed by the most diverse influences and cultures at the intersection of Orient and Occident. Tspectrum extends from traditional fish and meat specialties of the nomadic peoples in northern Russia to sweets with a touch of oriental flavor favored in Azerbaijanhe . This new volume of Culinaria explores the extraordinary breadth of this fascinating cuisine of many cultures in informative texts written by selected experts with deep understanding of the countries, paired with impressive photography. In addition to providing background information about the various lands and the foods that are typical of each of them, readers will find a generous selection of authentic recipes that invite them to explore this new culinary terrain up close and personal, through cooking, eating, and enjoying.

Book Information

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Customer Reviews

Gregor M. Schmid studied Painting, Graphic Design, and Printing and is currently a freelance photographer based near Munich, Germany. While working on this book he logged some 80,000 km and 200 days of travel in five countries, at times under truly adventurous conditions.

Marion Trutter studied Communication in Munich, Germany. In this volume she has gathered the work of seven authors who masterfully convey their understanding of the countries and cultures at hand.

I’m from Russia and I was struggling with finding a book in English with proper Russian recipies, until I got Culinaria. The book is great, the recipies are real ones (not adapted), the book has a lot of colourful photos.Another advantage of the book is that it also has georgian, armenian, azerbaijan and ukrainian recipies - these cuisines are very popular in Russia nd I’m glad that now I have their recipies as well.

This book presented so well multi nationality of the former USSR! Not only it has recipes, but describes the culture of the nationalities, their traditions, customs and foods. The recipes are well-written and I recognized quite a few. For my daughter, who was very young when we came to the US, this book became an introduction to the culture of Russia. The cover is a little misleading, because there is much more in the book than just Russia, Ukraine, Armenia and Azerbaijan. The photographs are amazing as well. This book can be a favorite coffee table book and a great cooking guide.

This book is fantastic journey through the kitchen pots of the most distinctive part of the Russia. It is particularly interesting because it shows redeemed cultures and culinary traditions right after "perestroika" . It was fascinating to see that nothing vanished in the world even under the heavy soviet boots, but in the contrary was just waiting the right moment to spring back to life. Very profound observations of Republic’s life , it’s geographic and a bit history, deliciously described feast and recipes create just a right image of these places. Very inviting and educative and also tempting to go there and savor the abundance of every thing what they have been so generously blessed by nature. This book equally exiting for professional chefs and just a people who likes to travel, read about places , markets , cuisine and lick their fingers after each page, as it was a real feast they just taste.

Short and sweet - this book follows the Culinaria cut an paste formula for success. Regional cuisines are explored and then the more interesting ones are elaborated on and followed up with recipes. The recipe measures are in American units such as ounces although metric units are also listed. The photography is stunning as in all the Culinaria books in the series and the authors have chosen interesting topics, areas and cusines to explore. There is not as much an emphasis on cheeses as in the other books in the series. Wines and spirits are well covered.

Fantastic book.I did not know much about food from this area,but now I do.Will certainly try to make some of these dishes!

This book is as much a history book as a cookbook . It goes back centuries to Genghis Khan and it’s descendants .The traditions of the food and recipes are woven throughout . It has nice pictures of the people , their costumes , theirfood their animals and also landscapes and their occupations . Do to the coverage of so many subjects the scriptis very small and it helps to have to have a magnifying glass . I may make some soups and breads and desserts .

One of the best Russian Soviet cook books, plenty of photos too.

This book is wonderful! My Russian grandmother could not get enough of it! Not only does it have exceptional recipes, but it also has wonderful stories to go along with many of the recipes. The book also has beautiful pictures not only of the food, but of the people and the history, too. A great purchase whether you are Russian or not!

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